

Mumbles Community Council Family Fun Days Case Study



One Voice Wales

At a glance

Post Covid, City and County of Swansea had grant funding available to support children to re-socialise. Mumbles Community Council accessed this money to be able to offer free community fun days for families during the holidays.

With lunch provided these events offer significant benefits, create a more inclusive & supportive environment & help families feel valued & connected while addressing some of the challenges that come with the cost of living crisis.

Partners include:

- Red Cafe Community Pantry
 & Co-op help by providing free food and snacks
- Local schools and community groups open up their buildings to allow the fun days to run from their premises
- Partnering with local clubs and organisations to deliver sports and activities
- City and County of Swansea to access funding to deliver tackling poverty initiatives.

"These fun days are brilliant, the kids love them. They think of everything - especially the healthy snacks"

Challenges

It was recognised that post covid there was a lack of opportunities for social connection or community engagement, making it harder for families to reestablish relationships.

Factor in the cost of living crisis and families may struggle to find activities that are available, family-friendly and affordable. For some families, with rising costs of travel, they may also find it difficult to access events or services even if they want to participate.

Solutions



Providing free family fun days during school holidays offers valuable opportunities for families to get out of the house and connect with others in their community. These events allow families to break from routine, meet new people and engage in social activities; helping children and adults alike build friendships and strengthen social networks. By offering these events for free, it also ensure that all families, regardless of their financial situation, can participate and benefit from these positive experiences.

"An opportunity for kids to build up their social wellbeing outside of the school environment, somewhere a bit more informal – get to know their neighbours; this is community building at its best and something we are really proud of." Cllr Rebecca Fogarty

What's available?





Family Support



Healthy Food



Wellbeing Activities



Community spaces

- Providing free meals to children during holiday activities ensures that all children, regardless of their family's financial situation, have access to nutritious meals, helping to combat food insecurity.
- **Providing wellbeing activities** such as sport, cooking, craft, play, and growing food offers a holistic approach to improving physical and mental health. They **encourage social interaction**, offering families a way to engage in meaningful, enjoyable experiences together.
- By hosting **free family fun days** within local parks, open spaces and buildings the council provide opportunities for families to meet their neighbours and **build connections with their community**.

Impact



£16,200 Cost of Initiative



Family Fun Days



1661 Meals Provided



February Half Term Holiday

Three hugely successful events were held over February half term (2025) with meals provided to 298 young people.

Delivering support into the heart of their communities by providing fun engaging activities and a welcoming space for families



"love these events - feel part of the community"

"this was a lovely event to attend and meet new people"





Funding & Powers

In February 2024 - February 2025 the council were able to secure £9200 of funding from City and County of Swansea.

Mumbles Community Council contributed £7000 towards the various fun days run over the 12 months.

All community councils in Wales need specific legal powers that enable them to provide various services and support for their local communities. These powers, granted by legislation, allow councils to undertake a wide range of activities and initiatives to improve the well-being and quality of life for residents.

Powers and justifications can differ, and councils should consider their specific circumstances.

For advice and guidance, councils may wish to contact their One Voice Wales Development Officer. <u>admin@onevoicewales.wales</u>

The Future

The Council have secured funding from City and County of Swanssea to set up new initiatives:

- £2010 for the newly opened support cafe where residents can access advice services over coffee & cake.
- £3102 to start a Mumbles crop collective.

They will continue to provide their Friday Evening Warm Hub Community Social which includes provision of hot food and activities (£3510 grant funding and £4000 from council funds) and their weekly free coffee & cake with friends (£1500 grant funding and £2000 from council funds).

More family fun days are planned for 2025.

Want to Find Out More?

For more information on the One Voice Wales Cost-of-Living Crisis project contact the team at:



