

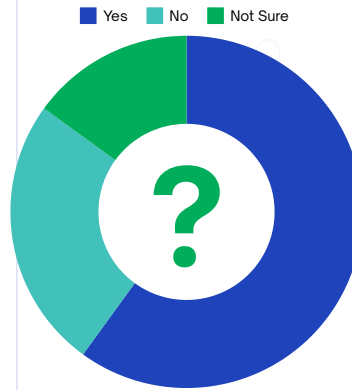
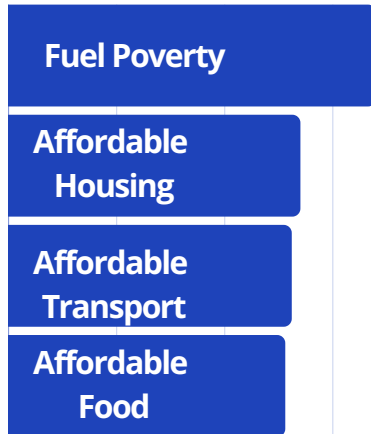
# Key Insights: One Voice Wales

## COST-OF-LIVING CRISIS SURVEY 2023/24

We surveyed all 732 Community & Town Councils in Wales to ask their views on how the Cost of Living Crisis is affecting their communities and how they are involved in any support being provided.

**“We see it and feel it around us as businesses and residents struggle to make ends meet”**

C&TCs thought these were the biggest Cost-of-Living issues in their Communities

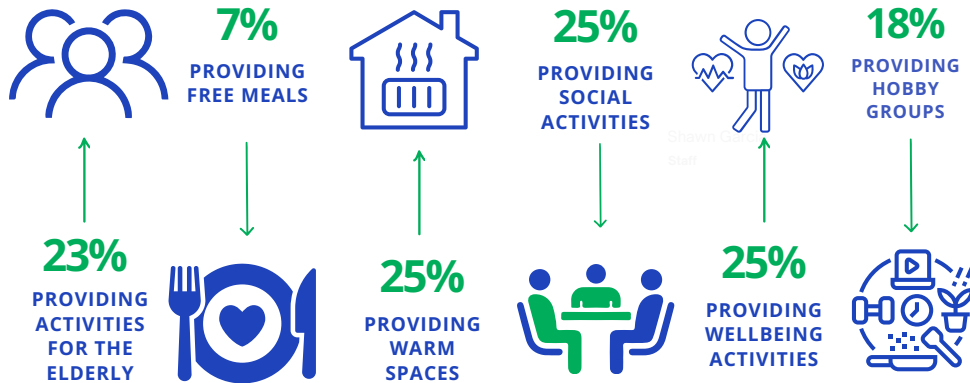


**60% of Councils wanted to know more about their role in supporting Communities with Cost-of-Living Crisis Support**



### KEEP UP THE GOOD WORK

So much support is already being provided by Community & Town Councils across Wales



**“The council currently grows fruit and vegetables for the Community to help themselves”**



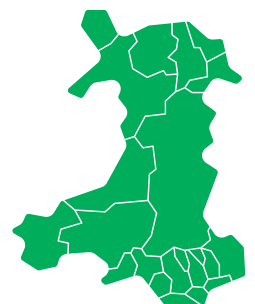
### THERE IS MORE WORK TO DO

The research tells us our Communities are still struggling

- 43% of Households reported a worsening financial situation
- 23% said they would not be able to cope financially
- 20% of households were eating less food
- 44% said rising costs affecting mental health\*



The average person Citizens Advice help with debt advice have only £21 left over each month after paying for their essentials.



\*Source: The rising cost of living and health and wellbeing in Wales: a national survey – Public Health Wales & Bangor University



## WHAT YOU TOLD US YOU WANTED NEXT

"Information on all of this would be welcomed. Especially if there are examples of activities being undertaken by other community councils which we could emulate"



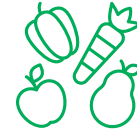
### Community & Warm Spaces

- Warm Hubs
- Social Groups
- Activities for Older People
- Hobby Groups



### Food

- Free Meals
- Food banks
- Community Fridges
- Lunch Clubs



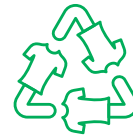
### Health & Wellbeing

- Exercise Groups
- Wellness Activities
- Mental Health Support
- Charitable Donations



### Clothing & Repurposing

- Clothing Banks
- Repair Cafes
- Community Skips
- Clothes Swap/Uniform Banks



### Benefits, Budgeting Debt Management

- Benefits Advice
- Budgeting Support
- Public Awareness Information
- Access to Banking



### Transport

- Community Buses
- Car Share
- Hospital Transport
- Wheels To Work

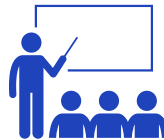


## HOW CAN ONE VOICE WALES HELP?



### Info & Resources

### Capacity Building & Training



### Public Awareness Info

### Signposting



### Advocacy & Policy Support

### Networking & Collaboration



## PLEASE GET IN TOUCH



Share with us the steps you're already taking to tackle the cost-of-living crisis in your areas. We're here to offer you guidance, and support, and to share the amazing work that is being done already. Your input is invaluable in shaping our program and ensuring we're meeting your needs effectively so we need to hear from your Councils.



[COLC@onevoicewales.wales](mailto:COLC@onevoicewales.wales)